

# Personality Training & Assessment Workshop

A one day '**Personality Training & Assessment Workshop**' was organized for PGDM and MBA first Semester students at **School of Management Sciences, Lucknow** campus.

The aforesaid workshop has been conducted by ABBSCISSA HR Consultancy, New Delhi. Mr. B.M. Das, Chief Operating Officer, ABBSCISSA along with Ms. Jayanti Mitra initiated the session. Sessions have been executed by several corporate trainers including Dr. Seema Mehra Parihar and Ms. Deepika Shergil.

During the training workshop various personality assessment and development activities took place including

1. Numerical Test,
2. Verbal Reasoning,
3. Clerical Aptitude,
4. Map problems,
5. Group Discussion Activities,
6. Story Writing &
7. Personal Interviews.



Organizers provided inputs to students on basis of their performances in various activities, on individual basis.

Purpose of different activities was to assess every individual student regarding their strengths and weaknesses in relation to their personalities and makes them work upon them so that students can be better prepared for upcoming GD and final interview rounds in years ahead.

